Canine Leishmaniasis

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PROFILE

- Canine leishmaniasis is a serious zoonotic disease caused by protozoan parasites of the genus *Leishmania*. The most important species is *L. infantum (L. chagasi)*, the causal agent of canine leishmaniasis in the Mediterranean countries, part of Asia, and Central and South America.
  - Most of the information included in this article refers to canine leishmaniasis caused by *L. infantum*. In Central and South America, other species of *Leishmania* (e.g., *Leishmania braziliensis*) have been demonstrated to infect dogs.
- Disease manifestation is complex. When a dog becomes infected, progression to disease depends on several factors, particularly genetic background and immune response.
  - It is thus important to distinguish subclinically affected dogs from clinically affected dogs.
  - In susceptible animals, infection can spread to many areas (e.g., skin, lymphatic organs, hematopoietic organs).
  - In advanced stages, various organs and systems (e.g., kidneys, liver, eyes, joints, GI tract) can be affected.
  - Multisystem complexity can create diagnostic and therapeutic challenges.

Geographic Distribution

- Canine leishmaniasis is endemic in parts of Asia, southern Europe, northern Africa, and Central and South America.¹
  - Data suggest it is expanding.²
- The United States was once considered free of the disease, but an outbreak was identified in foxhounds in 1999, and canine leishmaniasis has now been reported in many states.
- Vector-borne transmission has not been...
demonstrated in the United States, where vertical transmission seems likely. In Central and South America, other species of Leishmania have been demonstrated to infect dogs.

Leishmaniasis is occasionally seen in non-endemic countries in dogs that had visited endemic areas.

Prevalence

- In endemic areas, prevalence of infection can be ≥50% with seroprevalence rates around 20%, although prevalence of clinical disease is lower (usually 1%-5%).
- Prevalence in at-risk breeds in the United States is thought to be around 5%, with increased pockets of infection and seroprevalence within certain kennels.

Signalment

- The disease affects all breeds and ages and both sexes.
  - Certain breeds (e.g., German shepherd dog, boxer, rottweiler) are predisposed.
  - Some Mediterranean breeds (e.g., Ibizan hound) appear somewhat resistant.
- In the United States, the disease is seen primarily in dogs with travel history or breeds originating from endemic areas (e.g., Corsica, foxhound, Italian spinone, Neapolitan mastiff, briard).
- Signs peak in 2 age groups: young (1-4 years) and older (>7 years).
  - The first group likely corresponds to dogs that are genetically predisposed or naïve immunosuppressed (from malnutrition or previous infection with other pathogens).
  - The second is likely associated with disease comorbidities or immune senescence.

Causes & Risks

- In some areas, Leishmania completes its life cycle in 2 hosts:
  - A phlebotomine sandfly vector, which transmits the flagellated extracellular promastigote form...
Mammals, in which the intracellular amastigote form develops
  – Risk for infection is greater at dusk and in late evening (ie, when sandflies are most active).

• In Europe, sandflies of the genus Phlebotomus, which are active seasonally (from early spring to late fall), are the vector. In Central and South America, the transmission occurs year-round by Lutzomyia spp sandflies.

Nonsandfly transmission has been described, but its role in natural history and epidemiology of leishmaniasis remains unclear.

• Proven modes include infection through transfused blood products from carrier blood donors, vertical transmission, and venereal transmission.
  – Recent data have demonstrated vertical transmission of the parasite in foxhounds naturally infected in the United States.²

Pathophysiology
  The immune response plays a key role in the progression of Leishmania spp infection.
  • In many dogs, an effective cellular immune response (T-helper-1 driven) can lead to infection control and absence of signs (resistant dogs).

By contrast, dogs developing humoral immune response (T-helper-2 driven) produce large amounts of antibodies ineffective at controlling infection; these dogs develop signs and lesions.
  – In these animals, the main pathomechanisms result from multisystemic granulomatous inflammation and immune complex–mediated lesions (glomerulonephritis, uveitis, arthritis, vasculitis).

DIAGNOSIS

History
  • In endemic areas, lifestyle (outdoors) is important.
  • In nonendemic areas, detailed travel and breed history and origin are important.
  • A history of chronic lymphocytosis is common in many leishmaniasis cases.

Physical Examination
  • A complete examination should be performed in suspected dogs, with special attention to the lymphoid organs, skin and mucous membranes, and eyes (ophthalmologic examination is recommended).

  Affected dogs present with a combination of general, cutaneous, ocular, and other common signs.

General
  • Lethargy
  • Change in appetite
  • Weight loss (cachexia and muscle atrophy in advanced cases)
  • Generalized lymphadenomegaly
  • Splenomegaly
  • Polyuria and polydipsia
  • Vomiting and diarrhea

Cutaneous
  • Nonpruritic exfoliative dermatitis with or without alopecia
  • Erosive-ulcerative dermatitis mostly at mucocutaneous junctions

Canine leishmaniasis should be on the differentials list when diffuse crusting dermatosis is detected along with weight loss or asthenia.
important for diagnosis and follow-up.

- Increased parasitic load is usually associated with more severe signs.

- Information provided by PCR test results should not be separated from data obtained from clinicopathologic and serologic evaluations.

- Infection without disease is common in endemic areas.

- Canine leishmaniasis commonly appears to be associated with (or a consequence of) another disease.

- Any sign or clinicopathologic abnormality should be investigated.

- Clinical leishmaniasis in older dogs living in endemic regions for years but without clinical signs merits more detailed investigation.

**Differential Diagnosis**

- Considering the diverse signs, diagnostic differentials can vary greatly.

- Canine leishmaniasis can mimic almost any canine disease and should be on the differentials list when diffuse crusting dermatosis is detected along with weight loss or asthenia.

- For foxhounds, foxhound-mixed breeds, or dogs that live or have lived in endemic areas, leishmaniasis should be higher on the differentials list.

- Leishmaniasis should also be considered in dogs with splenomegaly, hepatomegaly, muscle wasting, facial alopecia, swollen and painful joints, lymphadenomegaly, anterior uveitis, blepharedema and blepharitis, keratoconjunctivitis, panophthalmitis, polyuria, polydipsia, polyphagia, epistaxis, melena, or diarrhea.

**Laboratory Findings & Imaging**

- CBC: Mild-to-moderate nonregenerative anemia, leukocytosis or leukopenia, thrombocytopenia, thrombocytopathy.

- Serum biochemistry profile: Renal azotemia, elevated liver enzymes, C-reactive protein, and other acute-phase proteins.
Protein electrophoresis: Polyclonal beta- and/or gamma-globulinemia, hypoalbuminemia, decreased albumin:globulin ratio

Impaired secondary hemostasis and fibrinolysis

Urinalysis: Mild-to-severe proteinuria

Lymph node cytology: Consistent with lymphoid hyperplasia; presence of *Leishmania* spp amastigotes in 30% of cases

Bone marrow cytology: Reactive; presence of *Leishmania* amastigotes in 30% to 50% of cases

Abdominal ultrasonography: Usually detects splenomegaly and occasionally hepatomegaly

**TREATMENT**

Most cases are outpatient.

Renal disease requires hospitalization and fluid therapy for supportive care.

In some countries (eg, Brazil), treatment is not permitted by public health authorities and infected dogs should be euthanized. In other countries, the use of drugs employed for the treatment of human leishmaniasis is not allowed in dogs. Consulting public health authorities before starting treatment of a dog with leishmaniasis is strongly recommended.

**MEDICATIONS**

A combination of antimonials (meglumine antimoniate) or miltefosine with allopurinol is the therapy of choice.

- These drugs may not be available in some countries.
  - In the United States, they can be obtained through the Centers for Disease Control.
- Antimonials or miltefosine are usually administered for 4 weeks and allopurinol for a minimum of 6 months.

In mild cases or seropositive dogs without signs, domperidone has demonstrated efficacy in disease control.

- Proteinuria, if present, can be treated with ACE inhibitors (eg, benazepril).
- Ocular lesions (keratoconjunctivitis, uveitis) require specific treatment.

**Meglumine Antimoniate**

Parasiticidal drug

Recommended at 100 mg/kg once a day SC for at least 4 weeks

- In relapses, repeat dosage

Side effects include lethargy and pain at inoculation site.

**Miltefosine**

Alkylphospholipid; toxic to *Leishmania* spp parasites

Recommended at 2 mg/kg once a day PO for at least 4 weeks

- In relapses, repeat dosage

- May cause vomiting

**Allopurinol**

Parasitostatic drug

Prescribed in combination with 1 of the previous drugs at 10 mg/kg once a day; not to exceed 600 mg/day

- May cause potentially severe xanthine urolithiasis
  - Urinalysis should be performed regularly.
- Cannot be administered with azathioprine because of drug interaction

**Domperidone**

Immunomodulating/potentiating drug

Administered at 0.5 mg/kg once a day for 1 month

- Treatment can be repeated once every 3 to 4 months to prevent relapse.

**Nutritional Aspects**

A high-quality diet helps the immune system control infection and clinical signs.

**Client Education**

Dog owners should be informed that canine leishmaniasis is zoonotic and dogs are the main reservoir.
canine leishmaniasis is zoonotic and dogs are the main reservoir.
- Direct transmission from infected dog to human is extremely rare.
- In the United States, although autochthonous cases of cutaneous leishmaniasis have been reported, there have been no autochthonous cases of visceral leishmaniasis in humans.4
- Owners should be informed that leishmaniasis is chronic and requires lengthy treatment and lifelong follow-up.
- Dogs must be adequately treated for ecto- and endoparasites.

**Contraindications**
- Renal disease should be treated before beginning specific Leishmania spp treatment (antimonials or miltefosine).

**FOLLOW-UP**

**Patient Monitoring**
- Patients should be evaluated after 1, 3, and 6 months of treatment and then once every 6 months for life.
- Evaluation should include thorough examination, CBC, serum biochemistry profile, urinalysis, and serology (once every 6 months).
- Real-time PCR testing can help identify relapse (high parasitic load in sample).

**Prognosis**
- Prognosis is often guarded.
- Prognosis is poor in dogs with severe renal disease.

**Prevention**
- Topical insecticides, such as a deltamethrin-impregnated collar (once every 5 months) or topical permethrins (once every 3 weeks) have shown >90% protection and, when used extensively, can lower disease prevalence.5
  - Use of insecticides in ill dogs is recommended to prevent transmission.
- Two protein vaccines with a saponin as a coadjuvant are available (1 in Europe, 1 in Brazil).
  - Considered safe, these vaccines confer high, although incomplete, protection (≈90%, with a vaccine efficacy of 70%–80%).
  - Annual vaccination is required to maintain immunity.
  - Vaccine reaction rates are high, particularly in small dogs.
- Recent data suggest that regular use of domperidone can be preventive, although large controlled studies are pending.

**Future Considerations**
- Canine leishmaniasis research is ongoing, with new vaccines and drugs expected to reach the market in the next few years.

**References**

PCR = polymerase chain reaction
Global Commentary
The topic of leishmaniasis is wide and varied, with different epidemiological characteristics in multiple locations, different sandfly vectors, and variation in the way related public health issues are managed in different countries. There are legal issues related to diagnosis and treatment in some countries. Thus, expanding the discussion of this disease to embrace the global scene is problematic. Nevertheless, some helpful information is listed below:

- Leishmaniasis affects animals in all continents except Oceania, with importance as a life-threatening disease in even nonendemic areas. (See Distribution Map, page 25.)
- Leishmaniasis has been found in dogs from nonendemic countries that have traveled to endemic regions.
- Typically, 5% to 10% of affected dogs are clinically affected.
- In South America, the standard of living, limited availability of molecular diagnostic tools, and sparsity of official guidelines for management impede diagnostic investigation for leishmaniasis.
- Canine vaccines are available in Brazil and Europe.

For more information, visit the LeishVet website. LeishVet is an organization devoted to promoting clinical management of canine leishmaniasis.

References

Dr. Gad Baneth & Dr. Lluís Ferrer contributed to this commentary.